



GRANDMOTHERS CIRCLE OF NEWS



A Quarterly Newsletter

Volume 20: Number 3 FALL 2014

WALKS TALL WOMAN

The **Clan Mother of November** shows us how to *Walk Our Talk*. Through her color, white, she teaches us about magnetism and how to use *authority* and *will* properly. She shows us how to lead through example. How to change life situations through taking action ourselves, not depending on others to do it for us.

Walks Tall Woman teaches us how to be proud of our accomplishments through self-esteem, not self-importance. She shows us that the more we refine our skills, the happier we are with ourselves. Actions speak louder than words and when we are living examples of our philosophies, we are Walking Our Personal Truths. When we Walk with Truth, there is no need to fear what others think of us. Reputation is based upon integrity and inner knowing, not on the opinion of others who may be jealous or insecure about themselves.



Rooted In Reverence, Seated In Spirit © Mara Berendt Friedman
www.newmoonvisions.com

Walking her Truth. This type of innovation does not destroy the traditions of the past, but rather adds new truths to those traditions, giving the Ancient ways of the Ancestors new growth potential.

This **Clan Mother** is the Mother of Perseverance and Stamina and teaches the value of health. The needs of our physical bodies and the use of exercise to make them strong are also part of her Teachings.

Walks Tall Woman teaches us that we must be flexible enough to allow others to follow their paths. Stamina comes from treating the body with care; and when we are Persistent in a proper way, we will learn how to be tenacious ... using our gifts of health, attitude, self reflection and spirit to meet challenges head-on.

Walks Tall Woman shows us how to keep our eyes on the goal, our feet on

Walks Tall Woman teaches us that it is through our relationship to the Great Mystery and to Life that we know and honor ourselves and our spirits. She is also the Guardian of Leadership and the Keeper of New Pathways. She shows us the value of leading through example by being our personal best, how to explore all our options, and the importance of *Innovation*. If there is a more appropriate or more efficient way to do something, **Walks Tall Woman** will apply those new ideas to her Earth Walk to see if the new way will assist her in

the path, and the truth in our hearts ... never waiting for another to do it for us.

Leading through example, by being personally responsible in thought, action and deed, is the way we find
The Medicine of Walking Our Talk.

Our challenges are to be willing to drop our fears of taking action and to balance our work activities with rest, relaxation, and retreat.

Excerpts taken from
The 13 Original Clan Mothers by Jamie Sams

Notes from the Editor



Water is the most precious thing in the world.
 We are Children of the Water,
 Water came before us into this world.
 Water can hear us, mirror us ...
 so bless her, thank her,
 honor and protect her ...
 Drink and use water in a sacred way ...
 In gratefulness.

In late August on Madeline (Flicker) Island in majestic Lake Superior, we experienced the tremendous power of Ceremony as we joined in Peer Spirit Circle a group of 35 Grandmothers for four days to express love and appreciation for Lake Superior and all Waters.

The Gitchigaaming Grandmothers Gathering (GGG) cradled us; and even before we arrived, we felt welcomed into the circle of women who were standing tall with love, to honor and appreciate the Lake and all Waters.

We had all been asked to bring a tiny bottle of water from a source we loved ... be it ocean, lake, stream, well, or spring ... and at some point we joined all our waters together and each shared with the group our relationship with this water. Our stories, our love, our tears and laughter deeply connected our hearts.

Hearing Lorraine Norrgard emotionally tell the old stories



about the significance of the island for the Anishinaabe people created a space within us of deep apology, respect and reverence for its original people and its waters.

From the very first moment, we all realized we were in Sacred Ceremony; and knew that all of our thoughts, words, actions, songs and prayers would have a profound effect on the whole world.

As we let go of our ego-selves, we became deeply aware of our interconnectedness. We could feel and see the power of our intention renewing the sacred pulse of love.

As we felt Oneness with each other and the water, we put forth the clear intention of "amplifying and holding the vision of Lake Superior and all Water as vitally healthy into the next seven generations and beyond." That vision carried us for four days ... in constant presence, totally willing to be focused in service to the creation of this new hologram.



We not only held the vision of vitally healthy waters now and for future generations, but we worked in many ways to enhance, amplify and vibrate our intention ... by listening to the messages from water and sharing them within our small circles ... and then by creating group expressions of our thoughts and feelings using art, dance, song and poetry and sacred geometry,

The Heart Coherence Meditation was a wonderful tool that we practiced every time we got together in our small and large circles. It was phenomenal! It only took a couple minutes, but the results were



Look within the silence and behold our indigo soul-light
 hear the quiet wisdom that illumines our inner sight
 together let us dream of
 the peaceful world we would perceive
 with our imagination
 we will create what we believe
 "6th Third Eye Chakra ~ I See"
 © 2002 Mara Berendt Friedman

THE ARIZONA COUNCIL OF GRANDMOTHERS

Would like to thank you for your contributions to this Newsletter.

Please send your stories, poems, photographs, artwork and news to:

GRANDMOTHERS CIRCLE OF NEWS

Margarita Acosta and Joanne Weiner

cochisestronghold@gmail.com

P.O. Box 808, Pearce, AZ 85625

tangible! You can read how to do it on page seven.

We want to send thanksgiving greetings to Sue Lemieux, from the Bad River Ojibwe Band, for guiding all of us and several Grandmothers from the Island, in a Ceremony honoring Water in the Ojibwe/Anishinaabe tradition.

We also want to thank Judith Moore for sharing a Pipe Ceremony with us with the intention of amplifying our prayers for the Lake and all Waters, acknowledging the Pipe as the Fire Element. Thanks to her as well for sharing the message of the Peace Bundle she carries all over the world ... and for her words of wisdom and prophecy.

Oh, Yes! So many beautiful things happened: We honored our bodies by practicing tai-chi together in the courtyard at dawn ... we shared delicious meals together, healthy, local and abundant ... we saw the language of poetry being renewed as the Grandmothers playfully created "Beauty Raids!"

And then, one night, we had just finished the Dusk Ceremony ... it was so magical ... I went to bed early while a group of Grandmothers stayed and toned inside the center of the Sacred Mandala we had embodied earlier. Their voices raised into the sky, creating a dome of golden light ... later on that night we heard the raindrop people and the thunder-beings come to dance and clap!

We physically carried our prayers close to our hearts in a tobacco tie that we each wore for the four full days. On the fourth day we gathered on the shore of the Lake for the Dawn Ceremony ... it was so precious ... we started in the dark, yet we managed to take everything we needed to the beach; and there together, we prepared the Bundle with our prayers and our intention. Each one of us danced, sang and loved that bundle as if it were a new-born baby. Then Francie walked it

out into the Lake and swam with it into the depths of the crystal waters. As the sun was rising, an eagle appeared and a family of little ducks swam right in front of us ... it was amazing!

"We are derived from
water within the womb,
born with water,
and for the rest of our lives
will depend on water for survival ...
remember to sing songs for water ..."
Rudmilla Cody, Dineh

The creativity and power of the group of Grandmothers who planned the GGG was astounding. The most inspiring thing was to witness these women create sacred space and honor it with their integrity and their ego-less selves. They showered us with love and generosity and taught us, among many other things, how we Walk in Beauty when we are aware that we are in the presence of the Divine. We all felt the wonderful opening that happens as we become more and more present at every moment ... when we have a clear awareness of the vibrations we are creating.

I loved when we were guided to take a mindful walk through the forested cliffs of this magnificent Island to listen to messages from our designated Elements and Directions. The waters were clear, pure, and sometimes deep. I truly felt the water within me and the water of the world as One.

The sacred circles we created at the Dusk and Dawn Ceremonies expressed our togetherness pulsing through creation in a distinct hologram, a sacred pattern that expanded into the universe.

The sacred geometry, the creative moments of appreciation we had for each other and for All Life, the drumming in the water ... everything echoed through the entire world. I like the way Judith Moore said it:

"The Gathering was all about changing the vibration of the hologram of the Earth. We are assisting in the Birth of the New Earth. First come the Waters. When I was coming here across the water, I had a vision. I saw a Circle of Light comprised of all the Ancient Ones and the Star People. They were sending out vibrations of Love and the intention for clean waters to all the waters in the world; and we, the Grandmothers together, were to be their drum."

When we unite our voices, prayers and songs in Ceremony, we send out very powerful vibrations that make a difference in the world ... initially in a subtle way, but which eventually will become real in the physical world.



**GGG planning team
for the 2014
Gitchigaaming Gathering:**

- Lorraine Norrgard, Carolyn Brooks,
Mary Ann Litfin, Diane Tessari,
Francie Wilmot, Vicki Cronin,
Suzanna Didier and
Janet Reynolds,**

Thank you so much for persevering for a whole year and for listening attentively to the Spirit of the Lake and All Our Relations as to how we can best serve our intention of honoring and appreciating water all-ways.



With Love and Gratitude
Margarita



NEWS FROM THE GRANDMOTHERS

Mississippi River Water Walk 2013

Two indigenous women are walking the length of the river to highlight the need to protect the waters



Support and follow Sharon Day, Ojibwe elder, peace activist and Executive Director of the Indigenous Peoples Task Force and her daughter Doreen

Earth Tribe - Activist News

Our Grandmothers are walking along the rivers to bring awareness and protect the waters.

Dear Ones ...

On October 17th, 2014 the Anishinaabe Water Walkers completed a Walk carrying water from the beginnings of the St. Louis River to Spirit Island in the St. Louis River Bay (which flows into Lake Superior in Duluth, Minnesota). They offered prayers and songs of appreciation and love each step of the way. The Walk went over from a boat landing in Duluth to Spirit Island. There the 13 Walkers finished with a Pipe Ceremony and created a Bundle that ceremonially went into the Bay with the water that was carried the full length of the River.

Spirit Island was the 6th stopping place in the historic Ojibwe Migration Story, with Madeline Island being the 7th and final stopping place. They are both very sacred places. Recently the Fond du Lac Band of Lake Superior Ojibwe purchased Spirit Island from a private individual who wanted to develop her. It will now be kept wild for future generations. The Fond du Lac Reservation provided boats to the Walkers to carry the water to the Island. This was the first time Sharon Day, Elder Grandmother organizer of the Walk, the other walkers, and

Lorraine (who walked the last two days from Floodwood, MN) had ever been on the Island.

The Walk ended on the Island on the day that Dr. Emoto passed over, and we remembered him with prayers.

Just a year earlier he had come to the St. Louis River Bay and Lake Superior to lead ceremony to bless the water, which was his last trip to the United States.

How meaningful it was that our River Walk was completed at this time in his memory.

We are grateful, so grateful, for his inspiration, love, and appreciation of water here and everywhere.

We love you, we respect you, we thank you ... Dr. Emoto Blessings, Lorraine Norrgard www.nibiwalk.org

We would like to send our Condolences to Grandmother Theresa Weber (what a beautiful voice she has!) for the recent loss of her sister ...

We are carrying the message from the Grandmothers Gathering at Lake Superior and holding *the vision of all waters as vitally healthy for the next seven generations and beyond* ... this rock turtle fireplace connects us with you all on this Oct. 8th Full Moon Total Lunar Eclipse ...

With Love, Honor, and Gratitude ... Margarita & Joanne



From Rob-bee:

October 1, the day my mother was born on earth 102 years ago, the Mountain Maiden of the Birds, called Mt. Adams by the Euro-Americans, had her new cap of the first fresh fallen snow sparkling in the sunrise to greet the light of new awareness, glistening beyond white to sheer and vivid brightness. While she was at the ICA Academy, she went to see the new play, HAIR! On her birth date, The Royal Winnipeg Ballet opened their 75th anniversary with

a new ballet called, GOING HOME STAR, "honoring" the story of the relocation & residential schools. Here is a delightful, dreadful, re-light-full offering of the story that needs to be told with all of Canada and all humans and our Moher the Earth and our Father the Sky. May the wisdom of the ancients on the earth connect us all.

rwb.org/whats-on/show/a-story-of-truth-and-reconciliation

This website is a treasure trove of deep undergirding and understanding the new story of our Earth's peoples.



photo of Rob-bee by Camilla Blossom

Fall Equinox ... Land and Water duo-spirals, with a waterwheel at the mouth of the Deschutes River flowing into the Grand River Columbia of the Cascades. I have been nourished/ing and feeding/fed by the energies here with Camilla and Ellie with the waters ... and sending on and out the balancing of the energies of gratitude and appreciation, balance and succor, knowing, visioning, being and doing.



At the beginning of October, Grandmother Judith Moore, from Chimayo, New Mexico, asked for this information to be shared with the Grandmothers who gathered on Madeline Island in Lake Superior:

"I am so grateful. I am doing wonderful, so powerful, and loving an energy here in France and the Netherlands. I am finally in the space of my light and the *heart breath* has opened each group up to peaceful

community, co-creation and LOVE.

The negativity has made itself visible and the flow of light has brought balance each time ... WOW! About the Ancestors of Light ...

Dear Soul Group, Last fall I came to Northern Holland to work with a sister named Elly. She is a teacher, shaman and sacred woman. We heard the call of the Ancestors, so we planned a retreat last weekend to call forth the Ancients and open the Medicine Bundles of the Ancestors of the Indigenous Peoples of Europe. The invitation is for us to find the lost Earth Wisdom of our Ancestors. Elly was guided to a Nature Center that has two lay lines crossing in the meadow. I began to receive messages from the Ancestors of Light who lived here before humanity's fall from Grace and entrance into duality. Grandmother Te told us there were Seven Sacred Hoops and Seven Indigenous Nations who were Keepers of the Sacred Hoop and were the Ancestors of Light, Primordial People of the Earth. The Seven Hoops are found in sacred linages around the planet. One is here. I plan to get their powerful messages on my web site. They came to us and began the initiations for the Sacred Bundles of the Ancestors of Light. The journey was deep, sacred and profound.

Please take time to pray and feel their power. They have returned. They bring the light of ONENESS from the sacred source of the Indigenous Ancestors before duality. I tremble as I write this because I know they will be felt and they will sing the sacred songs of RETURN TO ONENESS and the Mending of the Sacred Hoop of the Many Nations, and The Return of the Seven Sacred Hoops of Many Nations will bring Unity and Peace.

Mitakyue Oyasin, Judith Moore
www.recordsofcreation.com



Dear Grandmothers:

Just wanted to share that Folks recently sat in the longhouse at Warm Springs for the funeral of the Medicine Woman of the Warm Springs Tribe. In 1994, the woman who was the Medicine Woman of Warm Springs then, came in a wheelchair to the first Arizona Gathering. I think she was the eldest there and only came that year. I want to thank Terry Bourne for remembering and sharing this story with me:

"At the 1994 Gathering there was a Grandmother from Warm Springs, her name was Sylvia Walultum. She was wheelchair bound and had an assistant, Gaia Reblitz. Sylvia led us in a "Laughing Circle," where she played the drum and we walked round and round in a large circle. When she stopped playing the drum, we were to all start laughing and acting silly. Then when she started playing again we became silent while walking ... until the drum stopped It was a great exercise!

Love and Light,
 Rob-bee Lapp



Dear Grandmothers ...

I am at home in my dear country of Holland, with precious friends here. All is flowing with divine light. Tomorrow I leave for France with soul sisters. I can feel the calling of Mary Magdalene, calling us to embody her immortal presence.

*There are those amongst you
 who will feel
 her immortal divine light.
 Let it flow into the world with the power
 of illumination.*

You are where you are supposed to be.

*WE are answering a calling
 to fulfill a forbidden promise,
 the promise of the
 illumination of mankind.
 Vigilance is absolutely necessary.
 It is vital we stay in a heart space
 breath by breath.*

My recent experience with the Grandmothers Gathering at Madeline Island prepared me for this, for I bring their heart wisdom to this journey.

I ask each of you to be guardians of this sacred work, channel the light at all times through your heart. It would be foolish to think that the adversarial energies will not notice us or make themselves known. It is a great opportunity to bring balance and healing to those energies that resist peace and the awakening of the Feminine Christ. Thank you for your co-creation as we embark on a mission of destiny and prophecy.

Blessings,
 Judith Moore

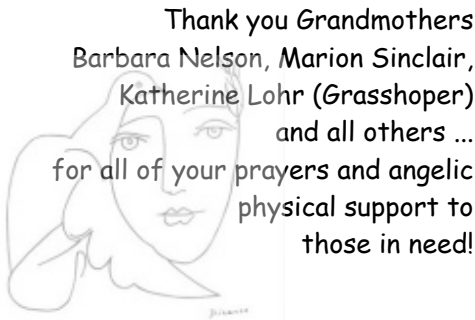
We want to send our condolences to Grandmother Nancy Masland for her losses and prayers for the difficult times she is going through. Her daughter Betsy went into the Spirit World on June 26th, and not long after that her sister departed. Her partner Grandmother poet Rebecca Rudesheimer's health has been very delicate. Our prayers go out to Nancy's husband Bill who recently went through surgery and lost part of his leg.

Rebecca's contact information is listed below, as well as Nancy Masland's ...

Rebecca Rudesheimer.
 Cell: 520-225-9740
 rebecca@nancypmasland.com



Nancy P Masland
 PO Box 30248
 Tucson AZ 85751
 Phone 520-749-4220
 nancy@nancymasland.com



Thank you Grandmothers Barbara Nelson, Marion Sinclair, Katherine Lohr (Grasshoper) and all others ... for all of your prayers and angelic physical support to those in need!

GITCHIGAAMING GRANDMOTHERS GATHERING (GGG) 2014

We gathered sharing the sacred earth with our hearts open to the rhythm of the ancient power of the living waters of Lake Superior, the Giver of Life.

We went deep into the waters of our souls as we wove the Grandmother Circle of Life together.

Patterns emerged that took us even deeper into the true spirit of community. Laughter rang through the forest, and tears flowed from our hearts. I felt such a deep sense of community of faith, love without limits.

Opening within me was the rhythm of the heart breath, a spiritual practice that makes peace possible. We were weaving the dream of the Ancient Grandmothers of Wisdom, the Ones who called Mary Diamond and the Tucson Circle so many years ago.

Yes, we were called each one of us to this sacred place of Spirit, Sharing, and Honor, to the source of all life. I feel we were touched by The Great Mystery. What a gift!

I am still doing the heart breath every day in the morning and also at night, and now it brings me to the balance I have sought for all of my life.

Thank you Sacred Sisters, Judith Moore

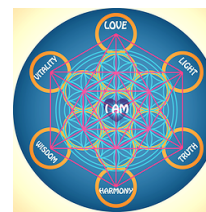
Texas Grandmother Janet Reynolds, hand made 35 Gourd Water Drums and gifted them to all the Grandmothers at the GGG. The Gourd Water Drum is a powerful amplifier of one's thoughts, words, vision, vibration. Our Intention for the Gathering: "We amplify and hold the vision of Lake Superior and all water as vitally healthy into the next seven generations and beyond." went out through the drum into the waters of Lake Superior with much love, appreciation and gratitude.



Janet Reynolds, Margarita Acosta, Joanne Weiner, Lorraine Norrgard

The GGG gifted each Grandmother a blue glass Life Bottle with a sacred geometry design. By drinking water from the Life Bottle™ one is drinking and assimilating positive life supporting vibrations and Heart activating crystals. The vibrations of Love, Praise, and Gratitude generate the geometric blue print for Life and Ascension. All these energies are infused into one's water.

www.ascendyourwater.com



Sue Lemieux, from the Bad River Ojibwe Band, at the GGG.

The 16th Annual Gathering of the Gulf Coast Grandmothers will be held at Camp Beckwith in Fairhope, Alabama

March 1st - March 4th, 2015

INVOKING THE SACRED FEMININE

(With Music by Velma Frye)

Please join us in welcoming the Sacred Feminine into our Grandmothers Gathering. We invite you to sit in circle with us and to explore your wisdom, creativity and power in workshops, meditation, music, creative arts, drumming and more.

The GULF COAST COUNCIL OF GRANDMOTHERS

is an all-volunteer, non-denominational group of wisdom-seeking women who gather yearly, embodying unconditional acceptance, to explore and fulfill the ancient prophecy:

"When the grandmothers speak, the earth will heal."

Questions? Contact Stevi Gaston (Weaver) at 251-432-7162 or

baryygaston@juno.com or www.beckwithal.com



Thank you Judith Purcell for posting so many wonderful photos from the Gulf Coast Gathering in March. Great times with Jackie Blue here ...





DR. MASARU EMOTO
went into the Spirit World
October 17, 2014

"Dear friends of Masaru,

Early this morning, Masaru has passed away. His wife was with him. Since he became ill in Shanghai, he has received so much love and gratitude from his dear friends from all over the world. He was very encouraged and happy to receive your kind messages with love.

His last word was "Arigato."
("Thank you" in Japanese)

We believe his last word was to you, everybody. He was so grateful for you and thanked you all so very much. He used to say,

*"Life is LOVE
which is a gift from God and parents,
and DEATH is gratitude
for going to a new dimension."*

So now he is in another dimension and continues to look over us warmly with love and gratitude. We are going to carry on his mission of spreading the power of "love and gratitude."

We thank you very much for offering prayers for Dr. Emoto, and please send your love, light, and gratitude to him once again.

With much love and gratitude,
IHM Staff

"We must begin by learning
what it means to have enough ...
To feel gratitude for having been born on a
planet so rich in nature ... and Gratitude

for the water that makes our life possible.
If you open your eyes you will see that
the world is full of so much that deserves
our gratitude.

When you have become the embodiment
of gratitude, think about how pure the
water that fills your body will be.
When this happens, you yourself will be a
beautiful shining crystal of light."

Dr. Masaru Emoto,

**"Water has a memory and carries
within it our thoughts and prayers.
As you yourself are water,
no matter where you are,
your prayers will be
carried to the rest of the world."
Dr. Masaru Emoto**



All GGG Photos by: Jill Thrasher and Bonnie Spear

HEART COHERENCE MEDITATION

1. Shift your attention to your heart, and breathe slowly and deeply. Begin to feel as though you are breathing in and out through your heart.
2. Activate and sustain a genuine feeling of appreciation or care for Mother Earth by thinking about something you love about her. Breathe that appreciation from your heart down to her heart.
3. Activate and sustain a genuine feeling of appreciation or care for Father Sky by thinking about something you love in relationship with the Sky like: the Sunrise or Sunset, the Starry Night Sky enveloping your being, Grandmother Moon in her fullness, the Crystalline Grid, or all of creation beyond Earth. Breathe appreciation from your heart up to Father Sky.
4. Activate and sustain a genuine feeling of appreciation for yourself by thinking about something you love about yourself. Breathe appreciation to you now and across all time.
5. Offer these feelings of appreciation from your heart out to the horizon, beyond the beyond. Feel yourself connecting, heart-to-heart with others in the room, with your Highest Selves, with all sentient beings, and with the planet.
6. Bring your awareness back to your heart space, intending that you are in the place of creation within your sacred heart space now. Let there be light. Listen, Receive and Create from this space.

"The heart's electromagnetic field is 5.000 times stronger than that of the brain. Its electrical field is 60 times greater than that of the brain. The heart is an organ of communication, a transmitter and receiver of information. All info comes through the heart before the brain and body."
Cidny Dale: The heart as an electromagnetic organ, Transmitter and Receiver. From: The Subtle Body

Increasing heart coherence creates an alignment of body, mind, emotions and spirit that allows for balance harmony and effectiveness in individuals and groups, contributing to a global coherence. Coming into heart coherence helps us feel and experience Oneness ... moving beyond the polarity we create with our brains.
www.heartmath.org



A few years ago we decided to change our calendar from the Gregorian Monday, Tuesday, Wednesday, etc. ... to the "13 Moon Galactic Calendar" developed in consonance with Mayan research by Jose Arguelles and his wife Lloydine Burris ... and now published by SkyTime. We didn't realize the power that such a small act would have over our lives.

We started looking at the days from a totally different perspective. We became very aware of the special and often subtle energies of each day ... connecting at another level.

Margarita and Joanne

13 Moon Galactic Calendar

7/26/2014 -- 7/25/2015

RED SOLAR MOON YEAR

Guided by Intention

The themes of this year are
Flow, Purification and
Universal Water.

The focal point of this year's
journey is invoking the
Solar Tone of Intention.

The Galactic Affirmation for this Year :

**"I Pulse in order to Purify,
Realizing Flow,
I seal the Process of
Universal Water
with the Solar Tone of
Intention.**

**I am guided by the power of
Life Force."**

"The energies of this year are profoundly supporting us all to remember who we truly are, that we may do what must be done on behalf

of the positive transformation of our shared world. The light of our nature is shining brilliantly, calling us to root in our hearts and serve our unique human roles in uplifting the interconnected web of creation.

The time of flowering
has now arrived.

As we remember that we are both earthly and cosmic creatures, we realize that we are all endowed with vast creative powers to connect matter and spirit. Our ancient galactic destiny calls us to arise and embody the timeless archetype of the Feathered Serpent.

We activate this multidimensional potential by integrating our bodies primal nature with our higher visionary senses, mediating these two streams inside our heart centers, bridging earthy and celestial realms.

Our higher selves, dwelling inside of us, are found in the voice that speaks beyond our ego-mind ... beyond our fears, resistance, attachments, ignorance, addictions, and beyond our complacency.

Our Higher Selves embody the knowing of the Sacred Oneness of all of life. Our own higher guidance is always available to us as an endless internal resource, an inner divine authority shining the light of truth and summoning us to take the higher road of compassion, courage and wise insight.

This year's orbit around the Sun marks the second year of the New Era or what the Ancient Ones have called the Sixth Sun, the Sun of Flowers ...

The power of Universal Water invites us to call upon our fluidity, adaptability, resilience, and our ability to change states. Flow reminds us that change is the only constant in life.

Water is the largest component of our Planet Earth and our human bodies.

Red Moon advocates: hydrate your cells, bathe your bodies, cry your tears, claim your sanctity, go with the flow of your soul and celebrate all the wonderful and various manifestations of water, moonlight, oceans, clouds and rainstorms.

We are to remember that perhaps the strongest forces of purification are gratitude and forgiveness ...

Above all we must not be discouraged by the immense sufferings, tragedies and darkness that still plague the Earth. Rather let us be empowered by the realization that we have been made for these times.

We are emanations of the Earth's Wisdom and the Stars' Light. Let us take strength in knowing our Ancestors dwell in the palms of our hands and the generations yet to come live in our mind's eye. Let the ongoing trials we are facing inspire us to continue arising into new determination to awaken and serve with Love. Let us fearlessly shine as beacons of Remembrance."

13 Moon Galactic Calendar
by SkyTime: www.13moon.com



**THE WAITAHA WATER
GATHERING**
October 15th - 18th, 2014

We all think we know what water is ... we know it in the way we have lived our lives with this elemental form. We know what it consists of, two little molecules of hydrogen and one of oxygen. Yet we do not know how to create the water we drink, the water we swim in, the water that comes in the form of mist, fog, snow, rain, hail and steam ... what is its purpose? Do we have sufficient information on this subject to accurately make informed statements, or are we still guessing, like the greater part of our scientific community is doing even now?

These are some of the questions that have been in the minds of our Ancient Ancestors, our Ancient Teachers, and all those who have time to contemplate this wonderful elemental substance called many names by the many nations of our World. This is perhaps the greatest reason behind sharing our fifty year Water Gathering with the Indigenous women and men of the great and small countries around the World. This is the hope, this is the dream, this is the all consuming passion of our small Nation of Waitaha, a people totally devoted to living in peace and harmony and also known as the **Water Carriers** in the Ancient World.

Our Grandmother and Grandfather Councillors have dreamed the long dream of one day having all of the Water Scientists, Water Shamans, Tohunga, Kahuna, Shugendo, Omniojyii, Monks, Miko, Noro ... every person who has walked and talked, made records, kept memories, made marks, recordings, television programs, radio programs; written science reports, water reports, given lectures, teachings ... all who want to attend this fifty year cycle reporting about Water to our Grandmother and Grandfather Council, you are welcome to attend our Gathering.

MATARIKI PACIFIC PRAYER CIRCLE
WAITAHA GRANDMOTHER CALLING

On June 28, 2014 at Sunrise there was a Gathering at the shores of Te Waka o Ngaa Aatua (South Island of New Zealand). In the winter of 2003, Mareikura Makere Aroha Anikaitawa Chapman, Mareikura for the Nation of Waitaha and Keeper of the Waitaha Books, was gifted a vision:

**It was the weekend Iraq
was to be invaded for the first time.
Dr. Emoto's prayers to heal water
inspired her to ask
the participants of the gathering she
was attending
to pray for the children of Iraq.
She could see
Aotearoa/Waitangi ki Raro/
New Zealand
at the bottom of the Great Ocean of
Kiwa, Te Moana Nui a Kiwa,
the Pacific Ocean,
pulsing with a white light
as people went to the beaches to pray
for Peace and Healing
at the same time.
She could see how powerful that
would be.**

She has shared this vision as she has travelled the world promoting the Waitaha's Message of Peace. With the tragic events of Fukushima, it is time to bring the Pacific Prayer Circle to life.

Imagine if people in all the countries that sit on the Pacific Rim went to the beaches to pray for Peace and Healing at the same time and with the same intention.

Dr. Emoto reminds us that water is a conduit, and humans are made up of water ... and if the prayer is from the heart and pure, then the intention of that prayer goes instantaneously to where it is directed.

Guidance for timing was sought from Spirit. Grandmother Turtle selected the rising of Mataariki, the Pleiadean Star Constellation. June 28th at sunrise was when Mataariki rose just before the Central Sun, Tamanuitera Mataariki, highlighting the beginning of the Waitaha/Maori Traditional New Year.

Imagine if people on the beaches of the Great Ocean of Kiwa/Pacific Ocean send

their prayers out then. Papatuanuku, Mother Earth, will be enveloped in the most loving wave of healing over 24 hours.

How potent, how powerful, how beautiful!

**Be mindful of the intention ...
Healing for Mother Earth,
Peace and healing for all who dwell
between the heavens and
our beloved Mother Earth ...
within, without, above, below ...
healing for all peoples who have
suffered at the hands of others,
healing for all our Relations of the
Natural World
who have suffered at the hands of
humans from the beginning of time.**

*This is about lifting the vibration of love,
truth, aroha/compassion, respect, acceptance,
safety, celebration, laughter and dreaming ...
on and on and on ...*

*creating a beautiful world for our
tamariki/all children who are born
of the gods and goddesses, and for those
beloved mokopuna/grandchildren to come.*



Imagine Peace!



**Mareikura Makere Aroha Anikaitawa
Chapman,
Mareikura for the Nation of Waitaha**

Let's give Rise to the Sacred Waters
within us all.

*Will you join us, will you share our calling?
Will you be the active Ambassador, Caretaker,*

*Record Keeper, Custodian for YOUR
Headwaters, Rivers, Lakes, Streams, Seas
and Springs? Will you gather and collect
your local, cultural, ancestral Stories and
Wisdom from the people who hold the keys,
who have kept the connection and stories
alive? We are at the Turning of the Tides ...
we see thousands upon thousands of people
all over the World holding Ceremony with
their Waters everywhere on Earth
together on the same Day.*

*For healing, for forgiveness, for cleansing, for
remembering. Will you be present? Will you
activate the Circle of People around you?*

*We see a Global Wave of Water Ceremonies
Everywhere on Earth.*

**Blessings, Oneness, and Gratitude
Para Pachamama~Spirit of Earth**

**WATER WALKER GRANDMOTHER JOSEPHINE MANDAMIM
FROM THE ANISHINAABE NATION
COMES TO OUR 21ST ARIZONA GRANDMOTHERS GATHERING**



This year we are being blessed by having an Anishinaabe Grandmother from Canada attend our Gathering. Thank you, Grandmother Kathy Lindbloom, for coming and sponsoring Water Walker Grandmother Josephine Mandamin.

Joanne and I were honored to meet Grandmother Josephine at the Lake Superior Grandmothers Gathering in 2011 and have been inspired ever since as we follow the efforts of this group of Water Walker Grandmothers to raise awareness about pollution, environmental laws, and many other issues that impact water.

First Nations Elder Josephine Mandamin has walked the shorelines of all five Great Lakes. That's more than 17,000 kilometres of coastline and equal to nearly half the earth's circumference.

These are excerpts from an interview Josephine gave recently at the opening of Museum London's Water Rights Festival in Ontario.

Q: Why did you set out to walk around the Great Lakes?

A: I think we need to raise consciousness. We need to be aware of the polluted waters we see. We are all made of water. We need to protect this water as much as we can.

Q: Protect it from what?

A: Fracking, pollution ... mining where waters are coming in.

Corporations are selling off the water, prostituting our Mother the Earth. It's the big corporations that need to understand.

Q: Where is the worst evidence of pollution and what did it look like?

A: In terms of looking at north-eastern Ontario, there are a lot of small lakes in that area around the highways we walked on with green slime on the waters. The water is very still, it doesn't move.

Q: What about the Great Lakes?

A: Lake Ontario . . . You could almost see the shimmering when you got to the New York side of it. We didn't even touch the water, we usually take our shoes off and at least put our feet in. We swam in lake Michigan almost every day. But we didn't touch Lake Ontario.

Lake Erie was brown. When we were on the U.S. side, it looked very dirty and very brown.

Q: How long did it take to walk around Lake Superior?

A: 32 days.

Q: What was your routine?

A: We'd get up at 2:30 or 3 a.m. and walk until the sun went down. We'd have an orange or fruit along the way or juice. You have to walk with a pail of water, as if you are walking with a water stream. It's very important to keep the water moving because you've made that promise to keep it moving

while you are walking. People would put us up in homes, or if we had funds we'd stay in motels.

Q: What was the biggest challenge?

A: Our Walkers were always having blisters, but our feet got used to calluses after a while.

Q: Which Great Lake do you like best?

A: I think Lake Superior was the one we really respected a lot in terms of its majestic length and coolness of the water. It was very nice. You couldn't swim in it because it was so cold. Lake Huron is my home water, and I really have a lot of personal attachment to the water there. I'm from Manitoulin Island, and the Georgian Bay had pristine waters when I was there.

Q: What was your worst experience?

A: Lake Erie was a place where we were called down. On the American side, people were driving by saying 'Crazy Indians.' When we walked through Detroit, it was really scary. When we got back (over the Ambassador Bridge) to Windsor, Ontario, my son said 'it's good to be back home.'

Q: You've mentioned the pollution. Did anything give you reason for hope?

A: Lake Michigan is a beautiful lake and it flows into Lake Superior; and there's hope that



we can still keep our waters pristine if we keep the motor boats and the gasoline out and get back to canoes. Where there are motorized boats, you can see the oil and gas in the water.

However, one of the nicest things about people was when they knew we were coming, people would come and help us out ... they'd have supper for us, or give us money for hotel rooms. When we crossed (into Windsor) there was a committee of people who said the church was open for us.

THANK YOU GRANDMOTHER Josephine Mandamin,
for making this Sacred Walk around each of the Great Lakes over a period of five years ...
"Each of the 24,113,700 steps taken was a prayer for the water, for Mother Earth, for the animals, the birds, the insects, the trees, and for us two-leggeds. Together the Walks were one Prayer for Life."

NEWSLETTER SUBSCRIPTION

Name _____
e-mail _____
Mailing Address _____
City, State, Zip _____
Phone _____

Subscription is for 4 issues.
Would you like to gift a subscription?

\$25 to receive issues via surface mail
\$15 to receive issues via e-mail

Grandmothers Circle of News
c/o Margarita Acosta and Joanne Weiner
P.O. Box 808 Pearce, AZ 85625
cochisestronghold@gmail.com

LOVE DONATIONS IN ADDITION TO SUBSCRIPTIONS ARE GREATLY APPRECIATED!



I made this quilt as a wedding present for my son Toivo Ollila and his new wife Katie Bouche. It represents my heritage, which is Saami. My introduction to our heritage began at our AZ Grandmothers Gathering at the COD Ranch when a friend of Mary Lundeen walked up to me and asked, "do you like to do crafts?" I told her, yes, I knitted, sewed, crocheted ... then I asked her why. She said, "because you are Saami." I had never heard the word before. This began my search for my heritage. Through this exploration, my connection with the earth that has been important to me throughout my life was affirmed. The land named Sapmi was once known as Lapland. Although Sapmi is above the Arctic Circle north of Finland, it is often considered a part of that country.

We are an indigenous nomadic people who travel from Russia to Norway following the seasons with our herds of reindeer. My grandfather was born in Sapmi and most likely lived in tents made of reindeer hide. Other cultures called us 'barbarians,' -- low-classed and uncivilized -- separate from the 'real' Finnish society.

My grandfather was embarrassed by his history and never spoke of it. He did not teach me the rich history of our ancestors.

I made a choice to give this quilt to my son to remind him of our proud heritage. A heritage of people dedicated to living in harmony with the earth; a people with strong beliefs in nature and family, a culture of healers and shamans.

The fabrics of the quilt represent different aspects of our habitat. The blue cross -- the numerous lakes. The blue cross is the dominant symbol on

the Finnish flag; however the Saami people have a flag of their own. The alternating green crosses depict the extensive forests. The lightest fabric covered in gold leaves indicates the numerous forests of birch trees. The gold with 'curlicues' are the antlers of the reindeer herds. The entire quilt is surrounded in a deep gray-blue, reflecting the dark cold winters.



Thank you Grasshopper (left) for sending the story about the quilt, your ancestry; and also for letting us know that you and Marion Sinclair have started a Grandmothers group in Bisbee, Arizona.

The amazing patterns of Kristleyez remind us of one of the aspects of the Gitchigaaming Grandmothers Gathering where we were invited to physically feel the power of Sacred Geometry. The symbol of the Gathering this year was four circles intersecting, creating four *pisces vesicas*, almond shaped petals. The Circle of Grandmothers embodied the resonance of the the Four Directions and the Four Elements of Water, Earth, Fire, and Air ... as we echoed our intention to "... amplify and hold the vision of Lake Superior and all Water as vitally healthy for the next Seven Generations and beyond." The "toning" of the Grandmothers into the night sky was angelic, loving, powerful and unforgettable!

WATER

Water has always been ready for us,
Water has always been here for us,

Water has always cared unconditionally for us,

Water has without any expectations or anticipations been waiting.

Omnipresent.
In it's different stages, in its different phases,

Absolute Effortless Trinity

The totality of all evolution imprinted as memory in each droplet, available, present, transportable in and through everything every moment forever stored and accessible, a limitless liquid biocomputer system that thrives everything,

Water has always been here, ready to be Met, ready to gift its innate wisdom,

ready to pass on its inner essence and presence of being, ready to reveal itself through you being open

to embody its knowing, its sacred of sacreds, WATER INVITES YOU, Water invites you,

We invite you, to step into your self, to step into your cells and open yourself and your cells,

to what Water IS. Fully in the present moment, fully in the now truly in the now of the now now, fully experiencing the Full Reality of Comprehending Reality through and with ALL of your cells.

Meet Water for the First Time.

You are invited. Your cells are invited. And all you have to do is BE who you are.

For this Meeting you are asked to bring the Authentic You ...

YOU beyond thoughts, roles and conceptual ideas of identity aspects, that you think you are.

You as you, You and Earth, You and Water.

We don't offer you anything, but this year during the 15,16,17,18 of October there is the opportunity for YOU to meet WATER for the first Time.

for US ALL to connect with Water in ways that will transcend past experience and profoundly accelerate the effect of our Ceremonies.

IF WE JOIN GLOBALLY IN NUMBERS LARGE ENOUGH WATER CAN REVEAL ITSELF INTO OUR COLLECTIVE CONSCIOUSNESS ALLOWING THE GREATER COMMUNITY OF



FLOW AS ONE by Kristle Smith

Be enchanted by her artwork at: www.krystleyez.net

HUMAN BEINGS ON EARTH TO REMEMBER TRUTHS and VIRTUES THAT CAN ONLY ASSIST US IN RESTORING PEACE UPON THIS EARTH FOR ALL LIVING LIFE. ITS INNER TEACHINGS, ITS INNER BEING ... FOR ALL THAT IT IS, FOR ALL LIFE THROUGHOUT THE WHOLE UNIVERSE. Are you ready? Are you willing? Are you able?

Excerpt from the Invitation to : [THE WAITAHA WATER GATHERING](#)
Waitangi, Bay of Islands, Northland, New Zealand
October 15th - 18th, 2014

THE 21st ANNUAL AZ COUNCIL OF GRANDMOTHERS GATHERING
Is happening at Kenyon Ranch, near Tubac, Arizona
from Nov. 6th to Nov. 9th, 2014
This year's theme ...
"On the Brink of Unimaginability: Questions on a Blank Canvas"
has the Grandmothers inspired with new ideas and infinite possibilities ... we will have a full report in our next issue ... stay tuned!